

# How Frequently Should I Urinate

== Kidney disease == 9bcee013e9 Pelvic surgery, pregnancy, childbirth, attention deficit hyperactivity disorder (ADHD), and menopause are major risk factors. Urinary incontinence is often a result of an underlying medical condition but is under-reported to medical practitioners. There are four main types of incontinence: 9bcee013e9 Stress incontinence due to "a poorly functioning urethral sphincter muscle (intrinsic sphincter deficiency) or to hypermobility of the bladder neck or urethra" 9bcee013e9 It encompasses around 10 different diseases of the lower urinary tract, all of which can present with very similar symptoms: 9bcee013e9 == Related concepts == 9bcee013e9 Treatments range from behavioral therapy, such as bedwetting alarms, to medication, such as hormone replacement, and even surgery such as urethral dilation. Since most bedwetting is simply a developmental delay, most treatment plans aim to protect or improve self-esteem. Treatment guidelines recommend that the physician counsel the parents, warning about psychological consequences caused by pressure, shaming, or punishment for a condition children cannot control. 9bcee013e9 == Anatomy and physiology == 9bcee013e9 Treatment is typically with a catheter either through the urethra or lower abdomen... 9bcee013e9 Some studies have shown that false awakenings are frequently related to lucid dreaming, often transitioning into one another. The key distinction is that during a lucid dream, the dreamer recognizes they are dreaming, while in a false awakening, this awareness is absent. 9bcee013e9

Feline lower urinary tract disease present with very similar symptoms: frequent urination (polyuria) blood in urine (hematuria) painful, frequent urination of small volumes that are expelled Feline lower urinary tract disease (FLUTD) is a generic category term to describe any disorder affecting the bladder or urethra of cats 9bcee013e9

Urge incontinence due to an overactive bladder 9bcee013e9

False awakening A classic example in fiction is the double false awakening of the protagonist in Gogol's Portrait (1835). The dreamer may then urinate and A false awakening is a vivid scenario in which a person dreams that they have woken up, while still actually asleep. After a false awakening, subjects often dream they are performing their daily morning routine such as showering or eating breakfast. precede urinating – arising from bed, walking to the bathroom, and sitting down on the toilet or walking up to a urinal. False awakenings, particularly those in which individuals dream they have awakened from a sleep that involved dreaming, take on aspects of a double dream or a dream within a dream 9bcee013e9

Urinary tract infection Symptoms of a kidney infection are more systemic and include fever or flank pain, usually in addition to the symptoms of a lower UTI. Lower UTIs affect the bladder (cystitis) or urethra while upper UTIs affect the kidney (pyelonephritis). Symptoms from a lower UTI include burning or pain during urination, pain in the lower abdomen and the urge to urinate even when the bladder is empty. Rarely, the urine may appear bloody.

Symptoms may be less clear in very young or old people. common symptoms of a UTI are burning with urination and having to urinate frequently (or an urge to urinate) in the absence of vaginal discharge and significant A urinary tract infection (UTI) is an infection that affects a part of the urinary tract, which includes the bladder, urethra and the kidney 9bcee013e9

Nocturnal enuresis Nocturnal enuresis (NE), also informally called bedwetting, is involuntary urination while asleep after the age at which bladder control usually begins. Bedwetting in children and adults can result in emotional stress. Bedwetting Nocturnal enuresis (NE), also informally called bedwetting, is involuntary urination while asleep after the age at which bladder control usually begins. Complications can include urinary tract infections 9bcee013e9

Overactive bladder Overactive bladder (OAB) is a common condition where there is a frequent feeling of needing to urinate to a degree that it negatively affects a person's life. Overactive bladder (OAB) is a common condition where there is a frequent feeling of needing to urinate to a degree that it negatively affects a person's life. Overactive bladder is characterized by a group of four symptoms: urgency, urinary frequency, nocturia, and urge incontinence 9bcee013e9

Kidney infections usually occurs when a bladder infection spreads, but may also come from bacteria in the blood. Diagnosis in young healthy women can... 9bcee013e9 Loss of bladder control (urge incontinence) is a form of urinary incontinence characterized by the involuntary loss of urine occurring for no apparent reason while feeling urinary urgency as discussed above, and often occurs with this condition. This condition is also sometimes characterized by a sudden and involuntary contraction of the bladder muscles, in response to excitement or anticipation... 9bcee013e9

Blubber (novel) They urinate all over Mr. The narrator is Jill Brenner, a Pennsylvania fifth-grader who joins her classmates in ostracizing and bullying Linda Fischer, an awkward and overweight girl. Remembering Linda's threat, Jill suspects Blubber is a children's novel by Judy Blume first published in 1974. Linda gives an oral class report about whales and is hence nicknamed "Blubber" by her peers. Machinist's trees. punishment. While raking, Jill and Tracy need to use the restroom 9bcee013e9

Urinary incontinence The term enuresis is often used to refer to urinary incontinence primarily in children, such as nocturnal enuresis (bed wetting). Urinary incontinence (UI), also known as involuntary urination, is any uncontrolled leakage of urine. Urinary incontinence is common in older women and has been identified as an important issue in geriatric health care. People may be too embarrassed to seek medical help and attempt to self-manage the symptom in secrecy from others. It is a common and distressing problem, which may Urinary incontinence (UI), also known as involuntary urination, is any uncontrolled leakage of urine. UI is an example of a stigmatized medical condition, which creates barriers to successful management and makes the problem worse. It is a common and distressing problem, which may have a significant effect on quality of life 9bcee013e9

The most common cause of infection is E. coli, though other bacteria or fungi may sometimes be the cause. Risk factors include being female, sexual intercourse, diabetes, using a catheter, and family history. Additional factors that have been found to increase the risk of infection include urinary

retention (delaying urination), insufficient water intake, use of spermicides as a contraceptive method, and poor genital hygiene. Urinary frequency is defined as urinating more than about 7-8 times in one day. The frequent need to urinate may occur during the day, at night, or both. The number of episodes varies depending on sleep, fluid intake, medications, and up to seven is considered normal if consistent with the other factors. Bedwetting is... == Plot == Most bedwetting is a developmental delay—not an emotional problem or physical illness. Only a small percentage (5 to 10%) of bedwetting cases have a specific medical cause. Bedwetting is commonly associated with a family history of the condition. Nocturnal enuresis is considered primary when a child has not yet had a prolonged period of being dry. Secondary nocturnal enuresis is when a child or adult begins wetting again after having stayed dry.

**Urination** It is normal for adult humans to urinate up to seven times during the day. Urination is the release of urine from the bladder through the urethra in placental mammals, or through the cloaca in other vertebrates. It is the urinary Urination is the release of urine from the bladder through the urethra in placental mammals, or through the cloaca in other vertebrates. The process of urination is under voluntary control in healthy humans and other animals, but may occur as a reflex in infants, some elderly individuals, and those with neurological injury. It is the urinary system's form of excretion. It is also known medically as micturition, voiding, uresis, or, rarely, emiction, and known colloquially by various names including peeing, weeing, pissing, and euphemistically number one

**Urologic disease** Kidney diseases are normally investigated and treated by nephrologists, while the specialty of urology deals with problems in the other organs. Some urologic conditions do not affect a person for long and some are lifetime conditions. Symptoms may include frequent urination, trouble starting to urinate, weak stream, inability to urinate, or loss of bladder control. prostate gland. Complications Urologic diseases or conditions include urinary tract infections, kidney stones, bladder control problems, and prostate problems, among others. Gynecologists may deal with problems of incontinence in women

Lastly, they may experience nocturia, which is waking up at night to urinate.

**Urinary retention** About 7 per 100,000 of the general population are affected annually, and those with long-term urinary retention are at risk of urinary tract infections. gradual. When it is of sudden onset, symptoms include an inability to urinate and lower abdominal pain, while symptoms accompanying gradual onset may Urinary retention is an inability to completely empty the bladder. Onset can be sudden or gradual. When it is of sudden onset, symptoms include an inability to urinate and lower abdominal pain, while symptoms accompanying gradual onset may include loss of bladder control, mild lower abdominal pain, and a weak urine stream

In some animals, in addition to expelling waste material, urination can mark territory or express submissiveness. Physiologically, urination involves coordination between the central, autonomic, and somatic nervous systems. Brain centres that regulate urination include the pontine micturition center, periaqueductal gray, and the cerebral cortex. Causes include blockage of the urethra, nerve problems, certain medications, and weak

bladder muscles. Blockage can be caused by benign prostatic hyperplasia (BPH), urethral strictures, bladder stones, a cystocele, constipation, or tumors. Nerve problems can occur from diabetes, trauma, spinal cord problems, stroke, or heavy metal poisoning. Medications that can cause problems include anticholinergics, antihistamines, tricyclic antidepressants, cyclobenzaprine, diazepam, nonsteroidal anti-inflammatory drugs (NSAID), stimulants, and opioids. Diagnosis is typically based on measuring the amount of urine in the bladder after urinating. Diseases of other bodily systems also have a direct effect on urogenital function. For instance, it has been shown that protein released by the kidneys in diabetes mellitus sensitizes the kidney to the damaging effects of hypertension. Diabetes also can have a direct effect on urination due to peripheral neuropathies, which occur in some individuals with poorly controlled diabetics. In addition, patients with OAB experience urinary urgency, a sudden feeling that they have to get to the bathroom very quickly. Overflow incontinence...

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